The words of prevention, part II: ten terms in the realm of quaternary prevention

As palabras da prevenção, parte II: dez termos no âmbito da prevenção quaternária

Las palabras de la prevención, parte II: diez términos en el ámbito de la prevención cuaternaria

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Abstract

**Objective:** This part II article about the ‘words of prevention’ presents in a terminological way the content of ten current concepts used in the prevention domain which are closely linked to quaternary prevention: (1) overinformation; (2) overdiagnosis; (3) medically unexplained symptoms; (4) overmedicalization; (5) incidentaloma; (6) overscreening; (7) overtreatment; (8) shared decision making; (9) deprescribing; and (10) disease mongering. **Methods:** With the support of the laboratory team of the University of Rouen, France, which is dedicated to medical terminology and semantic relationships, it was possible to utilize a graphic user interface (called DBGU) allowing the construction of links for each of chosen terms, and making automatic links to MeSH, if any. Those concepts are analyzed in their environment in current literature, as well as in their MeSH counterparts, if any, and related semantic online terminologies. **Results and Discussion:** The rules in terminological development aspire to cover the whole field of a concept and in the meantime, they can help to avoid the noise due to proxy and not exactly related issues. This refers to exhaustivity and specificity in information retrieval. Our finds show that referring to MeSH only in information retrieval in General Practice/Family medicine can induce much noise and poor adequacy to the subject investigated. **Conclusion:** Gathering concepts in specially prepared terminologies for further development of ontologies is a necessity to enter in the semantic web area and the era of disseminated data in family medicine.

Keywords:
Quaternary Prevention
Family Practice
Terminology as Topics
Semantics

Resumo

**Objetivo:** este artigo parte II sobre as ‘palavras da prevenção’ apresenta de uma forma terminológica o conteúdo de dez conceitos atuais utilizados no domínio da prevenção, que estão intimamente ligados à prevenção quaternária: (1) sobreinformação; (2) sobrediagóstico; (3) sintomas sem explicação médica; (4) sobremedicalização; (5) incidentaloma; (6) sobre筛查; (7) sobretratamento; (8) tomada de decisão compartilhada; (9) desprescribing; and (10) doença mongering. **Métodos:** com o apoio da equipe do laboratório da Universidade de Rouen, França, que se dedica a médicas e semânticas, foi possível utilizar uma interface gráfica de usuário (chamado DBGU) permitindo a construção de links para cada um dos termos escolhidos, fazendo ligações automáticas para o MeSH, caso houvesse. Estes conceitos foram analisados em seu ambiente na literatura corrente, bem como em seus homólogos no MeSH, caso houvesse, e terminologias semânticas online a eles relacionadas. **Resultados e Discussão:** as regras em desenvolvimento terminológico aspiram cobrir todo o campo de um conceito, ao mesmo tempo em que podem auxiliar a evitar ruídos devido a aproximações e questões não exatamente relacionados. Isto se refere à exaustividade e especificidade na recuperação da informação. Nossos achados mostram que referir-se somente ao MeSH na recuperação de informação em medicina de família pode induzir muito ruídos e uma pobre adequação em relação ao tema investigado. **Conclusão:** reunir conceitos em terminologias especialmente preparadas para um maior desenvolvimento de ontologias é uma necessidade para se adentrar na área da rede semântica e da era de dados disseminados em medicina de família.

Keywords:
Prevenção Quaternária
Medicina de Família e Comunidade
Terminologia como Assunto
Semântica


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Resumen

Objetivo: este artículo parte II de las ‘palabras de prevención’ presenta en una forma terminológica el contenido de diez conceptos actuales utilizados en el dominio de la prevención que están estrechamente vinculados a la prevención cuaternaria: (1) sobreinformación; (2) sobrediagnóstico; (3) síntomas sin explicación médica; (4) sobremedicalización; (5) incidentaloma; (6) sobretamizaje; (7) sobretratamiento; (8) toma de decisiones compartida; (9) deprescripción; y (10) tráfico de enfermedades. Métodos: con el apoyo del equipo de laboratorio de la Universidad de Rouen, Francia, que se dedica a la terminología médica y las relaciones semánticas, fue posible utilizar la interfaz gráfica de usuario (llamado DBGUI) permitiendo la construcción de enlaces para cada uno de los términos elegidos, y estableciendo vínculos automáticos al MeSH, en su caso. Esos conceptos fueran analizados en el contexto de la literatura actual, así como en sus homólogos MeSH, en su caso, y terminologías semánticas relacionados online. Resultados y Discusión: las reglas en el desarrollo terminológico aspiran a cubrir la totalidad del ámbito del concepto y, mientras tanto, ayudan a evitar el ruido debido al proxy y temas no relacionados con exactitud. Esto se refiere a la exhaustividad y especificidad en la recuperación de informaciones. Nuestros hallazgos muestran que al referirse solamente a MeSH la recuperación de información en Medicina General/Medicina Familiar puede inducir a mucho ruido y mala adecuación al tema investigado. Conclusión: la recopilación de conceptos en terminologías especialmente preparados para un mayor desarrollo de ontologías es una necesidad para entrar en el área de la web semántica y en la era de los datos diseminados en medicina familiar.

Palabras clave:
Prevención Cuaternaria
Medicina Familiar y Comunitaria
Terminología como Asunto
Semántica

Introduction

There are striking differences in the world of reference of General Practice/Family Medicine comparing to those of academic and other specialized branches of medicine. These differences started to be addressed in the part I of this paper. The part I article identified some of the main words of prevention, representing the P4 paradigmatic shift from a chronological based prevention towards a constructivist view based on patient-doctor relationships. It also discussed words such as clinical prevention, primary prevention, secondary prevention, tertiary prevention, and quaternary prevention.

This part II article discusses other P4 related concepts such as overinformation, overdiagnosis, medically unexplained symptoms, overmedicalisation, incidentaloma, overscreening, overtreatment, shared decision making, deprescribing and disease mongering. Since family doctors do not use the same wording as patients, librarians or focal medical specialists (consultants), there is a need for disambiguation of meanings, which rules health information retrieval and consequently high-precision information retrieval tools are needed. As a by-product of patient-doctor relationships, quaternary prevention encompasses concepts that, each of them deals with ethical issues in day to day medicine. These concepts are the focus of this paper as shown in Table 1.

Table 1. Ten terms related to quaternary prevention in the Q-Codes list available online.

<table>
<thead>
<tr>
<th>QD44</th>
<th>Quaternary Prevention</th>
<th>Prévention Quaternaire</th>
<th>Prevención Cuaternaria</th>
<th>Prevenção Quaternária</th>
</tr>
</thead>
<tbody>
<tr>
<td>QD440</td>
<td>overinformation</td>
<td>surinformation</td>
<td>exceso de información</td>
<td>sobrecarga de información</td>
</tr>
<tr>
<td>QD441</td>
<td>medically unexplained symptom</td>
<td>symptôme médicalement inexpliqué</td>
<td>síntoma sin explicación médica</td>
<td>síntoma sem explicação médica</td>
</tr>
<tr>
<td>QD442</td>
<td>overmedicalisation</td>
<td>surmédicalisation</td>
<td>sobremedicalización</td>
<td>sobremedicalização</td>
</tr>
<tr>
<td>QD443</td>
<td>deprescription</td>
<td>déprescription</td>
<td>deprescripción</td>
<td>desprescrição</td>
</tr>
<tr>
<td>QD444</td>
<td>shared decision making</td>
<td>prise de décision partagée</td>
<td>toma de decisiones compartida</td>
<td>tomada de decisão compartilhada</td>
</tr>
<tr>
<td>QD445</td>
<td>incidentaloma</td>
<td>fortuitome</td>
<td>incidentaloma</td>
<td>incidentaloma</td>
</tr>
<tr>
<td>QD446</td>
<td>disease mongering</td>
<td>fabrication de maladie</td>
<td>tráfico de enfermedades</td>
<td>comercialização de doenças</td>
</tr>
<tr>
<td>QD447</td>
<td>overscreening</td>
<td>surdépistage</td>
<td>sobretamizaje</td>
<td>soborrastreamiento</td>
</tr>
<tr>
<td>QD448</td>
<td>overtreatment</td>
<td>surtraitement</td>
<td>sobretratamiento</td>
<td>sobretratamento</td>
</tr>
<tr>
<td>QD449</td>
<td>overdiagnosis</td>
<td>surdiagnostic</td>
<td>sobrediagnóstico</td>
<td>sobrediagnóstico</td>
</tr>
</tbody>
</table>

Source: elaborated by the authors, 2015.

Retrieving literature with existing MeSH descriptors can be sometimes a big challenge for the above incisive concepts in the field of GP/FM. Hence, we have decided to explore the literature about those domains (Table 1) and report the most popular words in Family Medicine, echoing the research in the same domain by epidemiologists and hospital based specialists. The help of the Rouen Institute for Research and Innovation in Biomedicine team has been seminal in developing the relationships of those concepts with the appropriate methods, paving the way of health care semantics.
The impact of computer science on terminological issues is striking and family doctors have to understand that mastering the production and management of knowledge lies at their doorstep. They have to become familiar with semantic web technologies and related language processing as the computer will become omnipresent in their daily lives in a near future. For a GP, understanding health information gateways is as important as to understand Evidence-Based Medicine (EBM) or pharmacology. This paper highlights some basic steps necessary to master health information.

Methods

The computer laboratory of the University of Rouen, France, dedicated to medical terminology and semantic relationships, maintain 50 terminologies crossing website, linked by semantic web technologies under the URL of http://www.hetop.eu/hetop/. The Medical Subject headings have been historically the first mapping of this semantic tool. The team of Rouen laboratory has put at disposal a graphic user interface, called DBGUI (Figure 1) allowing the construction of links for each chosen term and automatic link to MeSH, if any. As stated in the first part of this paper, MeSH sometimes does not fully cover the field of GP/FM or proposed terms which content are historically marked. An external observer, expert in the domain of Family Medicine, has to verify the proposed links.

Gomes et al. have pointed out, in a paper on medical education in this special issue on P4, the vicious cycle identified in patient-doctor communication. The link between lay and professional terms is essential to enhance communication in primary care. This is the reason for the links of the DBGUI being completed with chosen links to Babelnet.org and to Dbpedia, one of the main nodes of the Linked data world and, consequently, with Wikipedia.

Gathering concepts in specially prepared terminologies for further development of ontologies is a necessity to enter in the semantic web area and the era of disseminated data. The present results open the way to build a comprehensive set of main themes addressed by GPs during some conferences. Those concepts have been identified by one author (MJ) by a careful content analysis of more than 1600 abstracts of congresses of Family Medicine. This is an ongoing work and we
have chosen to show the terminological content of ten out of 198 experimental descriptors referred as Q-Codes\(^5\) obtained by careful analysis of GP/FMs' congresses communications. The interface allows the user to build a terminological record by entering an ID (identification number) following by the Preferred label of a term, the synonyms and acronyms, if any, the most appropriate definition with bibliographic citation, the links to Babelnet.org and to Dbpedia or to other relevant semantic links. Internal links to already existing terminologies in hetop.eu can be chosen manually (in grey in the Figure 1) or automatically proposed by the interface which allows corrections (in red in the Figure 1). All the gathered data can be expressed in Web Ontology Language (OWL),\(^19\) the computer language used in the semantic web for Health Care and Life Sciences.\(^20\)

Table 2. Ten terms related to quaternary prevention: links, definitions, sources and bibliographic citations, 2015.

<table>
<thead>
<tr>
<th>Q-Code</th>
<th>QD440</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre. Term (PT)</td>
<td>Overinformation (health)</td>
</tr>
<tr>
<td>Syn</td>
<td>Misinformation, fake information</td>
</tr>
<tr>
<td>French PT</td>
<td>Surinformation</td>
</tr>
<tr>
<td>Spanish PT</td>
<td>Exceso de información</td>
</tr>
<tr>
<td>Portuguese PT</td>
<td>Sobrecarga de informação</td>
</tr>
<tr>
<td>Definition</td>
<td>Information overload as: a perception on the part of the individual (or observers of that person) that the flows of information associated with work tasks is greater than can be managed effectively, and a perception that overload in this sense creates a degree of stress for which his or her coping strategies are ineffective. (Wilson, 2001). Healthcare delivery systems, investigators and healthcare providers may be denying their patients opportunities to make informed decisions about their health and healthcare. This occurs when they provide documents requiring reading skills that do not match patient literacy skills and runs counter to calls to provide linguistically and culturally appropriate patient information in the practice of medicine (Calderón, 2004).</td>
</tr>
<tr>
<td>MeSH</td>
<td>Qualifier needed: Information Dissemination/ethics* The circulation or wide dispersal of information. Qualifier needed: Information Seeking Behavior/ethics* How information is gathered in personal, academic or work environments and the resources used.</td>
</tr>
<tr>
<td>Pubmed</td>
<td>0 citation for “overinformation”. 128,460 for “over information” (first in 1912)</td>
</tr>
<tr>
<td>Babelnet</td>
<td>bn:03275456n Information overload - infobesity - infoglut Information overload refers to the difficulty a person can have understanding an issue and making decisions that can be caused by the presence of too much information.</td>
</tr>
<tr>
<td>DBPedia</td>
<td><a href="http://en.wikipedia.org/wiki/Information_overload">http://en.wikipedia.org/wiki/Information_overload</a></td>
</tr>
</tbody>
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<td>Medically unexplained symptom</td>
</tr>
<tr>
<td>Syn</td>
<td>MUS</td>
</tr>
<tr>
<td>French PT</td>
<td>Symptôme médicalement inexpliqué</td>
</tr>
<tr>
<td>Spanish PT</td>
<td>Sintoma sin explicación médica</td>
</tr>
<tr>
<td>Portuguese PT</td>
<td>Sintoma sem explicação médica</td>
</tr>
</tbody>
</table>
Medically Unexplained Symptoms (MUS) that may, or may not, be due to physical disease, which capture conditions characterized by symptoms without corresponding objective findings, often associated with high costs, both direct (health care use) and indirect costs (productivity loss due to sickness absence) such as asthenia, low back pain, fibromyalgia, irritable bowel syndrome, or chronic fatigue syndrome, as well as symptoms stemming from a specific somatic disease that is more severe, more persistent, or limit functioning to a greater extent than expected, based on (objective) disease parameters. Patients with MUS often experience significant disability and have difficulty accessing appropriate care (Adapted from Olde Hartman, 2013; Aamland et al., 2014; and Rask et al., 2015).

**Bib. Citations**


**MeSH**

None

**Pubmed**

958 citations for “medically unexplained symptoms” (first 1980) 239 citations for “medically unexplained symptom” (first 1987)

**Babelnet**

bn:03305496n

Medically unexplained physical symptoms or medically unexplained symptoms are patient symptoms for which the treating physician, other healthcare providers, and research scientists have found no medical cause

**DBPedia**

http://dbpedia.org/page/Medically_unexplained_physical_symptoms

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**Table 2. Continued...**

<table>
<thead>
<tr>
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<th>Definition</th>
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<tbody>
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</tr>
</tbody>
</table>

**Bib. Citations**


**MeSH**

None

**Pubmed**

12 citations for “overmedicalization” (first 1984) 6 for “overmedicalisation” (first in 2011) 140 for “over medicalization” (first 1979)

**Babelnet**

bn:15974546n

Unnecessary health care; Unnecessary health care is health care provided with a higher volume or cost than is appropriate.

**DBPedia**

http://dbpedia.org/page/Unnecessary_health_care

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**Q-Code**

QD442

**Pref. Term (PT)**

Overmedicalization

**Syn**

Unnecessary health care, futile health care

**French PT**

Surmédicalisation

**Spanish PT**

Sobremedicalización

**Portuguese PT**

Sobremedicalização

**Definition**

Overmedicalization - an excess of exposure to – or seeking for healthcare to an extent in which does not confer any benefit in terms of health and welfare, directly related to the terms: overscreening, overdiagnosis, overtreatment (Cardoso, 2015).

**Bib. Citations**


**MeSH**

A process by which nonmedical problems become defined and treated as medical problems, usually in terms of illnesses, or disorders. (Annu Rev Sociol, 1992 18:209)

**Pubmed**

12 citations for “overmedicalization” (first 1984) 6 for “overmedicalisation” (first in 2011) 140 for “over medicalization” (first 1979)

**Babelnet**

Unnecessary health care; Unnecessary health care is health care provided with a higher volume or cost than is appropriate.
Drug utilization review (DUR) is defined as an authorized, structured, ongoing review of prescribing, dispensing and use of medication. DUR encompasses a drug review against predetermined criteria that results in changes to drug therapy when these criteria are not met. It involves a comprehensive review of patients’ prescription and medication data before, during and after dispensing to ensure appropriate medication decision-making and positive patient outcomes. As a quality assurance measure, DUR programs provide corrective action, prescriber feedback and further evaluations (Navarro, 2008).

Bib. Citations

Drug Utilization Review:
Assistance in managing and monitoring drug therapy for patients receiving treatment for cancer or chronic conditions such as asthma and diabetes, consulting with patients and their families on the proper use of medication; conducting wellness and disease prevention programs to improve public health; overseeing medication use in a variety of settings.

Medication Therapy Management:
Formal programs for assessing drug prescription against some standard. Drug utilization review may consider clinical appropriateness, cost effectiveness, and, in some cases, outcomes. Review is usually retrospective, but some analysis may be done before drugs are dispensed (as in computer systems which advise physicians when prescriptions are entered).

Pubmed
39 citations for “deprescribing” (first in 2007)

Babelnet
bn:16582550n
Deprescribing is the process of tapering, withdrawing, discontinuing or stopping medications to reduce polypharmacy, adverse drug effects and inappropriate or ineffective medication use.

DBPedia
http://dbpedia.org/page/Deprescribing

Shared decision making
Under a shared decision making (SDM) process, health care practitioners and patients work together to make joint decisions about a patient’s care. SDM requires that patients should be educated about and understand risks and benefits of their options. SDM is an important part of patient-centered care; education is often through the use of decision aids such as pamphlets, videos, and computerized tools. (Cochrane, Légaré, 2010).

Bib. Citations

Wrongly related to: MeSH Decision Making
The process of making a selective intellectual judgment when presented with several complex alternatives consisting of several variables, and usually defining a course of action or an idea.

Pubmed
189,688 citations for MeSH Decision making (first in 1952)
2,882 for “shared decision making”

Babelnet
bn:01657979n
Shared decision-making is an approach where clinicians and patients communicate together using the best available evidence when faced with the task of making decisions, where patients are supported to deliberate about the possible attributes and consequences of options, to arrive at informed preferences in making a determination about the best action and which respects patient autonomy, where this is desired, ethical and legal.

DBPedia
http://dbpedia.org/page/Shared_decision_making

Incidentaloma
Wrongly related to: MeSH Incidentaloma

Pref. Term
(PT)
Shared decision making
MeSH
The process of making a selective intellectual judgment when presented with several complex alternatives consisting of several variables, and usually defining a course of action or an idea.

Pubmed
189,688 citations for MeSH Decision making (first in 1952)
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DBPedia
http://dbpedia.org/page/Shared_decision_making

Pref. Term
(PT)
Incidentaloma

French PT
Fortuitome

Spanish PT
Incidentaloma

Portuguese
PT
Tomada de decisão compartilhada

Spanish PT
Incidentaloma

French PT
Fortuitome

Spanish PT
Incidentaloma
### Incidentaloma

**Definition**
Incidentaloma: used to design an incidentally discovered mass, by chance, in an asymptomatic person, which probably never will harm his/her, not excluding a real possibility of damage and a few chance of benefit. It is a form of overdiagnosis emerging from the massive use of high-resolution diagnostic imaging. In many cases, it is associated with the increased rate of new diagnoses, causes anxiety, consumes time and resources, and can even induce damage by the subsequent follow-up (Mariño M, 2015).

**Bib. Citation**

**MeSH**
- Partially related to: Incidental findings

**Pubmed**
926 citations for “incidentaloma” (first 1982)

**Babelnet**
bn:03555265n
In medicine, an incidentaloma is a tumor found by coincidence without clinical symptoms or suspicion.

**DBPedia**
http://live.dbpedia.org/page/Incidentaloma

### Disease mongering

**Definition**
Disease mongering is the selling of sickness that widens the boundaries of illness in order to grow markets for those who sell and deliver treatments (Moynihan et al., 2008).

**Bib. Citation**

**MeSH**
None

**Pubmed**
65 citations for “disease mongering” (first in 1994)

**Babelnet**
bn:02354871n
Disease mongering is a pejorative term for the practice of widening the diagnostic boundaries of illnesses, and promoting public awareness of such, in order to expand the markets for those who sell and deliver treatments, which may include pharmaceutical companies, physicians, and other professional or consumer organizations.

**DBPedia**
http://dbpedia.org/page/Disease_mongering

### Overscreening

**Definition**
Overscreening, also called unnecessary screening, is the performance of medical screening without a medical indication to do so. Screening is a medical test in a healthy person who is showing no symptoms of a disease and is intended to detect a disease so that a person may prepare to respond to it. Screening is indicated in people who have some threshold risk for getting a disease, but is not indicated in people who are unlikely to develop a disease. Overscreening is a type of unnecessary health care (Wikipedia).

**Bib. citations**
### Table 2. Continued...

<table>
<thead>
<tr>
<th>Q-Code</th>
<th>QD446</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pref. Term (PT)</td>
<td>Overdiagnosis</td>
</tr>
<tr>
<td>French PT</td>
<td>Surdiagnostic</td>
</tr>
<tr>
<td>Spanish PT</td>
<td>Sobrediagnóstico</td>
</tr>
<tr>
<td>Portuguese PT</td>
<td>Sobrediagnóstico</td>
</tr>
<tr>
<td>Definition</td>
<td>Overdiagnosis is the term used when a condition is diagnosed that would otherwise not go on to cause symptoms or death. Cancer overdiagnosis may have one of two explanations: (1) the cancer never progresses (or, in fact, regresses); or (2) the cancer progresses slowly enough that the patient dies of other causes before the cancer becomes symptomatic. Overdiagnosis should not be confused with false-positive results, that is, a positive test in an individual who is subsequently recognized not to have cancer. By contrast, an overdiagnosed patient has a tumor that fulfills the pathological criteria for cancer (Welch and Black, 2010).</td>
</tr>
<tr>
<td>MeSH</td>
<td>None</td>
</tr>
<tr>
<td>Pubmed quotes</td>
<td>1,723 citations for « overdiagnosis » (first in 1970)</td>
</tr>
<tr>
<td>Babelnet</td>
<td>bn:02698680n</td>
</tr>
<tr>
<td>DBPedia</td>
<td><a href="http://dbpedia.org/page/Overdiagnosis">http://dbpedia.org/page/Overdiagnosis</a></td>
</tr>
</tbody>
</table>

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### Definitions

- **Overscreening**: also called unnecessary screening, is the performance of medical screening without a medical indication to do so.

- **Overtreatment**: an excessive drug load leading to a suboptimal risk-to-benefit ratio. Initiating treatment in conditions where it is not indicated. Use of excessively fast titration rates. Prescription of excessively high initial target dosages. Failure to consider conditions associated with reduced dosage requirements. Failure to consider the dose-response characteristics of the selected drug. Premature use of combination therapy. Failure to adjust the dosage to prevent or compensate for adverse pharmacokinetic or pharmacodynamics drug interactions. Failure to reduce drug load in patients who have not benefited from high dosages or polypharmacy. Continuation of drug therapy in disease-free patients (Peruka and Kwan, 2005).

- **Futile medical treatment**: treatment that is usually considered unable to produce the desired benefit either because it cannot achieve its physiological aim or because the burdens of the treatment are considered to outweigh the benefits for the particular individual. There are necessary value judgments involved in coming to an assessment of futility. These judgments must consider the individual’s, or proxy’s, assessment of worthwhile outcome (WHO Gloss, 2004).

- **Unnecessary health care**: health care provided with a higher volume or cost than is appropriate.

- **Overdiagnosis**: the diagnosis of “disease” that will never cause symptoms or death during a patient’s lifetime.
Results

The ten terms related to quaternary prevention are presented here in four languages with the links, definition(s) and their source(s) and bibliographic citation(s). Table 2 is completed by the corresponding MeSH, if any, with the MeSH definition, the count of the term in Pubmed (January 2015) and the date of first citation. Lastly, the links to Babelnet.org and Dbpedia are shown as the main connection to lay languages.

Discussion

Out of an ongoing research on the conceptual content of General Practice/Family medicine, 10 terms used by GPs in their conferences’ communications have been analyzed in a terminological way with the help of a web based terminological graphic user interface. The particularity of the selected terms relates to the dangers of medicine and ethical duties of family doctors facing the epidemic of overmedicalization. Each of those ten terms is carefully related to the fourth field of prevention described in this special issue on P4.

Family doctors have to understand the basis and principles of overmedicalization, which encompass overinformation, overscreening, overdiagnosis, incidentaloma, disease mongering, and overtreatment. Each of those terms could imply the surge of possible Medically Unexplained Symptoms (MUS). For instance, shared decision making is one of the suggested tools to address the discrepancy between the doctor and the patient in the chaos described by Stacey, as quoted by Pisek & Greenhalgh, when disagreement meets uncertainty. Moreover, deprescription, more frequently referred to deprescribing, is another way to introduce quality assurance and control in the therapeutic process. In this sense, all the means dedicated to establish quaternary prevention are powerful tools to avoid the chaos and the terrible waste of resources either of human or economic, leading to a more sustainable health care by effectively implementing and maintaining of evidence-based policies and activities.

The rules in terminological development aspire to cover the whole field of a concept and, in the meantime, they help to avoid the noise due to proxy and not exactly related issues. This refers to exhaustivity and specificity in information retrieval. “A great difficulty is that we cannot read the user’s mind to acquire what he/she really wants” (p. 1). This exercise shows that referring to MeSH only in information retrieval in General Practice/Family medicine can induce much noise and poor adequacy to the subject investigated. Taking the search of ’Shared decision making’ as an example, we could show much noise and unfruitful search. Indeed, the term ‘Shared, decision making’ is linked in the MesH thesaurus with the MeSH ‘Decision making’ whose use alone retrieve 123,265 entries. As the MeSH Decision making definition does not encompass the participation of the patient to the decision, the results obtained are not adequate. In this case, it is better to use the name of France Légaré, a well-known Canadian GP, researcher in this field, as author (Légaré F[Author]) to identify the main publications relevant to the process of participation of the patient and to follow the related citations in PubMed. This will ensure narrower, but more pertinent results in a bibliographic query.

The syntagm of Medically Unexplained symptoms, although quoted 958 times for medically unexplained symptoms (first 1980) and 239 times for medically unexplained symptom (first 1987), the last one on singular, has no corresponding entry in MeSH. The word overdiagnosis counts 1,723 citations (first in 1970) in Pubmed; overtreatment 2,257 citations (first in 1929); overscreening 48 citations (first 1979); disease mongering 65 citations (first in 1994), but have no corresponding entry MeSH as well.

Overmedicalization poses different issues as we could use Conrad’s definition by adding the qualifier ‘ethics’ to find back the ongoing meaning of the word overmedicalization. Also, its counting in Medline varies according to its orthographic typing with the European way - overmedicalisation with ‘S’ - reflecting more the quaternary prevention mode of the phenomenon. It is important to highlight that overmedicalization and overtreatment refer both to unnecessary health care. This broad category is coming through Babelnet quotations from Wikipedia categorization process. Indeed, the choice of Wikipedia has been to class all the above analyzed terms in the broad category of unnecessary health care. Interestingly, all the ten terms are shared by lay terms terminologies as Babelnet of DBpedia, reflecting the interest of patients and general public for those problems, which are clearly at the meeting point of medicine with the public.
Naturally, all those terms reflecting overutilization and waste of resources have to be complemented by the careful analysis of their counterparts: undermedicalization, undertreatment, underscreening. These are the natural companion of the analyzed terms. Unfortunately, market driven forces are prevalent, and consequently, the trend is in the direction of overmedicalization or wrong medicalization, which occurs in low-income countries, as well.

**Conclusion**

It is possible to argue that the definitions proposed here are up to only one author and that careful search in published literature could retrieve more appropriate citations. Nevertheless, a lot of colleagues, acknowledged above, have contributed to this work, by spontaneous exchanges through the P4 mailing lists between Europe and mainly South America. This is an open field of research and this paper is only a provocative appeal to invest more in specific terminological work dedicated to family medicine and primary care. Terminologies are evolutionary by essence and require to be adjusted to the need of corresponding domains of the researchers. They need also to be collaborative and this paper represents only a first step, a first call for more insights on methodological research in terminological field.

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